



SOUTHERN CONNECTICUT CONFERENCE

2008 Fall Sports All-Conference Teams

BOYS CROSS COUNTRY

All-Conference

Richard Stoliker (Shelton), Sean Mueller (Cheshire), Robbie Dextrateur (Branford), Ryan Laemel (Amity), Dan Nestor (Hand), Adam Trofa (Amity), Ryan McGuire (Notre Dame), Connor Rog (Fairfield Prep), Sean Nestor (Hand), Robert Yamnicky (Shelton), Michael Bhatt (Amity), Ehrin McWeeney (Shelton)

All-Housatonic Division

Richard Stoliker (Shelton), Sean Mueller (Cheshire), Ryan Laemel (Amity), Adam Trofa (Amity), Robert Yamnicky (Shelton), Michael Bhatt (Amity), Ehrin McWeeney (Shelton), John Cocco (Amity)

All-Hammonasset Division

Dan Nestor (Hand), Sean Nestor (Hand), Matt Marchand (Guilford), Jamul Swope (Hillhouse), John Muller (Hand), Kevin Maguire (Guilford), Willis Bratches (Hand), Kyle Mata (Foran)

All-Quinnipiac Division

Ryan McGuire (Notre Dame), Connor Rog (Fairfield Prep), Ryan Hammond (Xavier), Edgar Carrasco (Xavier), Nicholas Lemon (Xavier), Tyler Agostino (Fairfield Prep), Ian Albert (Xavier), Brendan McLeod (Fairfield Prep)

All-Oronoque Division

Robbie Dextrateur (Branford), Patrick Hubbell (North Haven), Thomas Dextrateur (Branford), Cas Loxsom (Wilbur Cross), Kevin Gell (Branford), Matthew Kortsep (North Haven), Casey Mackay (North Haven), Frank Funaro (East Haven)

GIRLS CROSS COUNTRY

All-Conference

Sarah Cotton (Hand), Irene Kalbian (Cheshire), Kathleen Elliott (Guilford), Frances Brillante (Sacred Heart Academy), Kelsey Proctor (Guilford), Val Williams (Guilford),

Megan Powell (Guilford), Katie Duman (Guilford), Annelies Gamble (Amity), Carolyn Williams (Hamden), Paige Pallotto (Amity), Kelsey Grimmer (Shelton)

All-Hammonasset Division

Sarah Cotton (Hand), Kathleen Elliott (Guilford), Kelsey Proctor (Guilford), Val Williams (Guilford), Megan Powell (Guilford), Katie Duman (Guilford), Katherine Crabtree (Guilford), Katie Ferrall (Guilford)

All-Housatonic Division

Irene Kalbian (Cheshire), Annelies Gamble (Amity), Paige Pallotto (Amity), Kelsey Grimmer (Shelton), Melissa Corrado (Shelton), Jane Depgen (Amity), Julie Hart (Cheshire), Noa Kupfer (Amity)

All-Quinnipiac Division

Frances Brillante (Sacred Heart Academy), Carolyn Williams (Hamden), Erin McCormick (Mercy), Cheetiri Smith (West Haven), Molly Harmon (Mercy), Kathleen Darling (Mercy), Lindsey Leach (Hamden), Monica Castro (Mercy)

All-Oronoque Division

Meg O'Brien (Branford), Kiley Fletcher (East Haven), Shana Casey (Branford), Brittany Bendel (North Haven), Minyoung Song (North Haven), Lauren Andres (Branford), Elizabeth Hubbell (North Haven), Erika Zocher (Branford)

FIELD HOCKEY

First Team All-Conference

Sally Adua (Hand), Christina Campbell (Hamden), Charlene Cole (Guilford), Lauren Hague (Cheshire), Sheila Huggins (North Haven), Emily Jablonski (Hand), Allie Kalfus (Guilford), Brittany Parker (Hand), Tori Redding (Branford), Kristina Ruotolo (Branford), Kim Silva (Cheshire), Kaitlin Winchell (Amity)

Second Team All-Conference

Kristen Angeletti (Sheehan), Cheyenne Carden (Branford), Maggie DeStefano (Amity), Allison Doheny (North Haven), Katharine Eddy (Cheshire), Kailey Farrell (Cheshire), Taylor Gardner (Hand), Jessica Hopper (Hand), Val Milici (Branford), Lauren Mitchell (Guilford), Kristin O'Connor (Mercy), Rachel Stefanski (Lyman Hall), Annie Ulles (Guilford)

FOOTBALL

DIVISION I - Offense

OL: Tom Acampora (Cheshire), John Begley (Shelton), Jason Moon (Amity), Cameron Davis (Hamden)

TE: Mike DeCaprio (Notre Dame)

PK: Kemuel Lawrence (Hamden)

WR: Josh Smart (Hamden), Jack Callaghan (Hand), Jay Binkowski (Amity)
RB: Mike Davis (Hand), Devon White (West Haven), James Ward (Wilbur Cross)
QB: Billy Ragone (Cheshire), Bill Choiniere (Amity)
UTY: Jake Horvath (Notre Dame)

DIVISION I – Defense

DL: Kris Patterson (Xavier), Jo Von Ladson (Hamden), Shaquille Marshall (Wilbur Cross), Nick Georgalas (Shelton), Julian Matheson (West Haven)
LB: O'Brien Johnson (West Haven), David Dillon (Cheshire), Dan McGrath (Xavier), Tito Slaughter (Wilbur Cross), Connor Kelly (Fairfield Prep)
DB: Dan Sweeney (Cheshire), Doug Shearer (Shelton), Joe Dempsey (Fairfield Prep), Kevin Martin (Hand)
UTY: Carmine Baldino (Hamden)

DIVISION II – Offense

OL: Bruce Devlin (North Haven), Damarley Robinson (Jonathan Law), Russ Furlow (Foran), Steven Comette (Lyman Hall), Ken Okwuosa (North Haven)
PK: Jordan Rozas (Sheehan)
WR: Stewart Lamberton (Guilford), George Gerosa (Branford), A.J. Leary (Guilford)
RB: Brandyn Wright (Hillhouse), Tyler Hames (Foran), Bernard Risco (Hillhouse)
QB: Andrew Luzzi (Branford)
UTY: Jake White (Foran), Brett Biestek (Sheehan)

DIVISION II – Defense

DL: Rich Gonzalez (Derby), Matt Tarducci (Branford), John Zullo (Jonathan Law), Tavon Wilkins (Hillhouse)
LB: Aaron Davis (Guilford), Dan Sardilli (North Haven), Zach Salazar (Derby), Ricky Rozier (Jonathan Law)
DB: Jeremy Moore (Hillhouse), Zach Prefontaine (Sheehan), Anthony McGeough (Derby), Dylan Northrop (Branford)
P: Mike Friello (North Haven)
UT: Robert Greenspun (East Haven), Kris Selvaggi (Sheehan)

GIRLS VOLLEYBALL

All-Oronoque Division

MH: Nablissa Lomotey (Branford), Danielle Bourne (Branford)
OH: Alisha Noble (Wilbur Cross), Zoe Lowe (Branford), Nicole Acerra (East Haven)
S: Lexi Pepe (Branford), Taylor Barone (East Haven)

All-Quinnipiac Division

OH: Brianna King (Sacred Heart Academy), Clare King (Sacred Heart Academy), Lauren Yoia (Mercy)
MH: Kara Maltese (West Haven), Amber Bepko (Mercy)
S: Alyssa Andreucci (Sacred Heart Academy)
Lib: Alysha Buccieri (West Haven)

All-Hammonasset Division

OH: Casey Dulin (Jonathan Law), Dannisha Pierce (Hillhouse), Whitney Hall (Hand)
S: Sage Esposito (Foran), Michelle Nantel (Jonathan Law), Annie Goodrich (Guilford), Brielle Sydor (Hand)

All-Housatonic Division

OH: Mollie Hamel (Sheehan), Avery Silverstein (Amity), Dorothy Sliwonik (Shelton)
MH: Nora Bahgat (Cheshire), Leah Hirsch (Cheshire)
S: Lauren D'Angelo (Lyman Hall), Bri-Anna Watson (Cheshire)

BOYS SOCCER

All-Quinnipiac Division

Will Daniels (Notre Dame), Clayton Ulmer (Hamden), Kyle Russell (Xavier), Kevin Maxham (Fairfield Prep), Amar Abu-Sitteh (West Haven), Brett Fletcher (Xavier), Stephen Zapata (Hamden), Greg Padilla (Notre Dame), Chris Fitzsimons (Hamden), Bob Baylis (West Haven), Brad Boehringer (Fairfield Prep), Jon Tebes (Hamden)

All-Oronoque Division

Dan Hall (Derby), Ivan Sanchez (Career/Hillhouse), Edgardo Ingles (East Haven), Joe Sorrentino (North Haven), Scott Berges (Branford), Wabi Mposo (Wilbur Cross), Geoff Brown (North Haven), Adam Penrod (East Haven), Frank Guaman (Wilbur Cross), James D'Amico (Branford), Zack Kafogolis (Wilbur Cross), Steve Brown (North Haven)

All-Housatonic Division

Joel Rodriguez (Sheehan), Kevin Howard (Amity), Garrett Festa (Cheshire), Hakeem Ndikumana (Shelton), Joseph Bonito (Lyman Hall), Brian Foley (Amity), Drew Dimauro (Shelton), Matt Gilmore (Cheshire), Marco Massaro (Amity), Jack Bronwin (Amity), Miguel Rodriguez-Lapman (Cheshire), Michael Fritz (Sheehan)

All-Hammonasset Division

Eric Terreri (Guilford), Jack Shirley (Hand), Michael Jacobsen (Guilford), Dan Shirley (Hand), Chris Gilmore (Foran), Chris O'Brien (Guilford), Aaron Steinberg (Guilford), Kevin Shirley (Hand), Jimmy Connors (Jonathan Law), Brian Gilloran (Guilford), Ryan Dolan (Hand), Scott Leone (Guilford)

GIRLS SOCCER

All-Quinnipiac Division

Amanda Hamilton (Mercy), Andrea Tordanato (Hamden), Janie Jannitto (Hamden), Leanne Hollister (West Haven), Kerry Doyle (Sacred Heart Academy), Marlana Gomes (Mercy), Nicole Pacapelli (West Haven), Taylor Norton (West Haven), Gabby Benitez (Hamden), Bianca Cornacchia (Sacred Heart Academy), Kelly Marchitto (West Haven), Sarah Bepko (Mercy)

All-Oronoque Division

Natalie Beach (Wilbur Cross), Nicole Paviglione (Branford), Andreana Thomas (Wilbur Cross), Alora Baldino (East Haven), Jessica Broadbent (North Haven), Megan Rea (East Haven), Georgia Wetmore (Wilbur Cross), Maria Sanzari (North Haven), Katherine Valaitis (Wilbur Cross), Ahriel Fernandez (Wilbur Cross), Chelsea O'Connor (Branford), Chelsea Shaw (North Haven)

All-Hammonasset Division

Taya Richardson (Hand), Lindsey Ruotolo (Guilford), Kerry Wallack (Hand), Ellie Brink (Hand), Maddie Knapp (Guilford), Brenna Thommen (Guilford), Taylor Rotella (Jonathan Law), Kiernyn Deyoe (Foran), Courtney Reilly (Hand), Rachel Cutler (Guilford), Ashley Clifford (Foran), Alyssa Kocak (Jonathan Law)

All-Housatonic Division

Michaela Katz (Amity), Emily Ranando (Cheshire), Jennifer Spicer (Shelton), Gianna Massa (Sheehan), Morelle Marra (Lyman Hall), Daniella Marchitto (Amity), Samantha Farley (Shelton), Casey Nowakowski (Cheshire), Kylee McIntosh (Cheshire), Colby Gibbs (Cheshire), Amber Dourgsey (Amity), Erica Correa (Cheshire)

GIRLS SWIMMING

200 Yd Medley Relay

Cheshire (Jasmine Liu, Kim Jerome, Stephanie Nguyen, Liz Visconti)
Sacred Heart Academy (Hollis Capuano, Melissa Merwin, Cori Turcio, Michelle Iovene)

200 Yd. Freestyle

Kathryn Kiely (Shelton), Lexi Koukos (Cheshire), Karen Novak (Cheshire)

200 Yd IM

Ally Perrotti (Branford), Madeline Froehlich (Hamden), Theresa Goehring (Mercy)

50 Yd Freestyle

Michaela Kearney (Mercy), Hollis Capuano (Sacred Heart Academy), Ally Barry (Cheshire)

100 Yd Butterfly

Michaela Kearney (Mercy), Kaela Bjornberg (Sheehan), Nicole Peruso (Branford)

100 Yd Freestyle

Hollis Capuano (Sacred Heart Academy), Jessica Metcalf (Cheshire), Lexi Maurice (Cheshire)

500 Yd Freestyle

Kim Jerome (Cheshire), Jennifer Tavares (Cheshire), Lexi Koukos (Cheshire)

100 Yd Backstroke

Allison Rasile (Branford), Nicole Rhodes (Mercy), Madeline Froehlich (Hamden)

100 Yd Breaststroke

Kim Jerome (Cheshire), Emily Barber (Guilford), Ally Perrotti (Branford)

200 Yd Freestyle Relay

Cheshire (Jen Tavares, Liz Visconti, Ally Berry, Jess Metcalf)

Branford (Allison Rasile, Anna Milne, Emily Moughty, Nicole Peruso)

400 Yd Freestyle Relay

Cheshire (Jen Tavares, Liz Visconti, Jess Metcalf, Lexi Maurice)

Sacred Heart Academy (Clare Reidy, Cori Turcio, Nora Jeffries, Hollis Capuano)

Diving

Jennifer Thompson (Cheshire), Amanda Saslow (North Haven), Victoria Smith (North Haven)